# **Three Cheese Breakfast Bake**

# **Ingredients**

- 1 1/2 (1 pound) loaf French bread, cut into 1 inch cubes
- 2 3 tablespoons butter, melted
- 3 1/4 pound Swiss cheese, shredded
- 4 1/4 pound Monterey Jack cheese, shredded
- 5 2 cups diced cooked ham
- 6 8 eggs, beaten
- 7 1 1/2 cups milk
- 8 1 teaspoon Dijon mustard
- 9 salt and pepper to taste
- 10 3/4 cup sour cream
- 11 1/3 cup grated Parmesan cheese

### **Directions**

- 1. Arrange bread in the bottom of a lightly greased medium baking dish, and drizzle with butter. Top with Swiss cheese, Monterey Jack cheese, and ham.
- 2. In a medium bowl, blend eggs, milk, and mustard. Season with salt and pepper. Pour into the baking dish. Cover, and refrigerate 8 hours, or overnight.
- 3. Preheat oven to 325 degrees F (165 degrees C). Blend sour cream and Parmesan cheese in a small bowl, and set aside.
- 4. Bake the layered mixture 1 hour in the preheated oven.
- 5. Spread sour cream mixture over the surface of the baked dish, and continue cooking about 10 minutes, until surface is lightly browned. Allow to sit about 15 minutes before serving.

# **Broccoli, Mushroom, and Cheese Breakfast Strata**

# **Ingredients**

- 4 teaspoons olive oil
- 1 large <u>onion</u>, diced (about 2 cups)
- 3 garlic cloves, minced
- 3 cups (8 ounces) sliced mushrooms
- Cooking spray
- 1 whole wheat baquette, crusts removed, cubed (about 5 cups)
- 8 eggs and 8 egg whites
- 2 cups lowfat milk
- 1 tablespoon Dijon mustard
- 10 ounces broccoli, steamed, cooled and chopped (or frozen, thawed)
- 1-ounce (1/3 cup) grated <u>Parmesan</u>
- 4-ounce (1 cup) part-skim mozzarella cheese
- 1/2 cup thinly sliced sun-dried tomatoes, reconstituted
- 1 tablespoon minced fresh <u>thyme</u> leaves
- 1/2 teaspoon salt
- 1/2 teaspoon freshly ground pepper

#### **Directions**

Heat 2 teaspoons of the oil in a nonstick skillet over medium heat. Add the onions and saute until translucent and beginning to brown, about 4 minutes. Add the garlic and continue to cook for another 1 minute. Transfer the onion mixture to a medium bowl and allow to cool. Heat remaining 2 teaspoons of oil in the skillet and saute the mushrooms until they release all of their water, about 6 to 7 minutes. Remove from heat and cool completely. Spray an oval baking dish with cooking spray. Arrange the bread cubes in the dish. In a large bowl, beat the eggs, egg whites, milk and mustard until incorporated. Add mushrooms, onion-garlic mixture, broccoli, Parmesan and mozzarella cheeses, sun-dried tomatoes, thyme, and salt and pepper and stir to incorporate. Pour mixture over bread, making sure liquid saturates bread. Cover with plastic wrap and refrigerate overnight, or at least 8 hours. Preheat the oven to 350 degrees F. Remove the plastic wrap from strata and bake for 55 to 60 minutes, or until top forms a light brown crust.

# Sausage and Apple Breakfast Casserole

# **Ingredients**

- 2 large Golden Delicious apples, peeled, chopped
- 2 tablespoons sugar
- 1 teaspoon ground <u>cinnamon</u>
- 8 eggs
- 3 cups milk
- 1 teaspoon <u>vanilla</u>
- 8 cups French bread cubes (3/4-inch pieces)
- 1 pkg. Jimmy Dean® Original Hearty Pork <u>Sausage</u> Crumbles
- 2 cups (8 ounces) shredded cheddar cheese, divided

#### **Directions**

- 1. Preheat oven to 325 degrees F. Toss apples with sugar and cinnamon; set aside.
- 2. Beat eggs, milk and vanilla in large bowl with wire whisk until well blended. Add bread cubes, sausage and 1 1/2 cups cheese; stir gently until evenly coated.
- 3. Spoon into lightly greased 13  $\times$  9-inch <u>baking dish</u>; top with remaining 1/2 cup cheese.
- 4. Bake 40-45 minutes or until knife inserted in center comes out clean. Let stand 10 minutes before cutting into 12 squares to serve.

#### **Notes**

**Make-Ahead Maple Breakfast <u>Casserole</u>:** Assemble casserole as directed. Refrigerate overnight. When ready to serve, uncover and bake 50 to 55 minutes or until knife inserted in center comes out clean.

## **Cheese Potato Casserole**

## **Ingredients**

2 lbs. Frozen diced or shredded hash brown potatoes 1 can cream of celery soup 1 can cream of chicken soup ½ cup melted margarine 1 cup sour cream ½ cup milk 2-3 cups shredded cheddar cheese

# **Directions**

Mix and put into a 9x13 pan. Bake at 350 degrees for 1 hour

# **Topping**

Crumb Topping:
Crushed corn flakes
¼ cup melted margarine
½ cup cheese
Mix and sprinkle on top for last 15 min. of baking

# **BAKED FRENCH TOAST CASSEROLE**

## **Ingredients**

1 loaf cinnamon-swirl bread 8 eggs 2 c. half-and-half 1 cup milk 2 Tbsp granulated sugar 1 tsp. vanilla 1/4 tsp. cinnamon 1/4 tsp. nutmeg ~ 1 c. blueberries (optional) ~ 3/4 c. coarsely chopped pecans

#### **Directions**

Slice bread into cubes, 1 inch in size. Add bread to a greased 9" x 13" baking dish, mixing in blueberries and pecans, if desired. In a large bowl, combine eggs with the remaining ingredients and whisk until well blended. Pour mixture over bread, making sure all are covered evenly with the milk-egg mixture. Cover and refrigerate overnight.

The next day, preheat oven to 350o. Bake casserole for 40 minutes, until puffed and lightly golden. Serve with maple syrup.