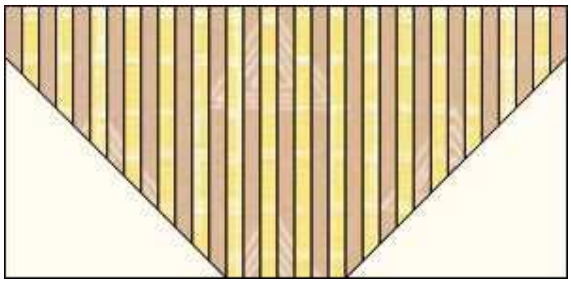
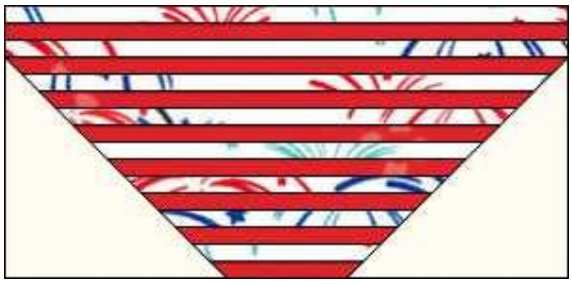
Hugs Shawl Instructions

Layout Options with Fabrics Required

- A - Vertical Strip Piecing – alternating 2 fabrics – ¾ yard of EACH, cut into 2 ½" x WOF Strips



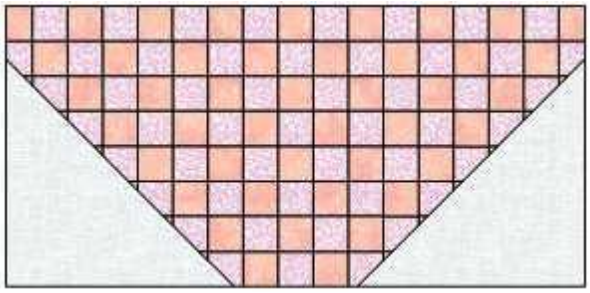
- B - Horizontal Strip Piecing – alternating 2 fabrics – ¾ yard of EACH, cut into 2 ½" x WOF Strips



- C – Vertical Strip Piecing – continuous 2 ½" strips
  I couldn't find any examples but calculate it will take 21 ¼ yards of pieced 2 ½" strips.

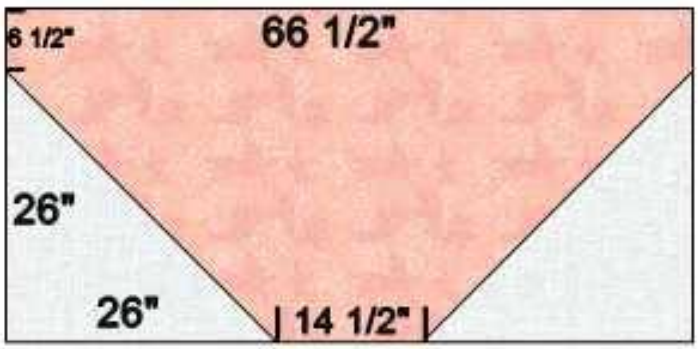
- D – Horizontal Strip Piecing – continuous 2 ½" strips
  21 yards of pieced 2 ½" strips will be needed for this layout.

- E - from 106 @ 4 ½" squares



Fabrics for Hugs Shawl:

For Hugs Shawl Top - Refer to layouts and fabrics required on page 1. OR Any combination of blocks, etc. that will yield the Basic Shape shown here. ➔



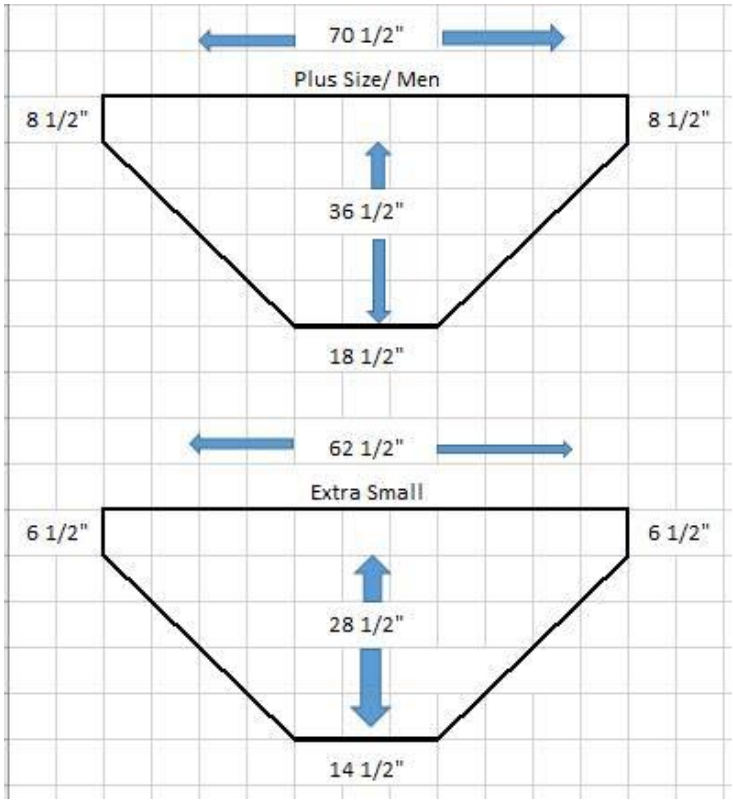
Use of Orphan blocks, leftover Jelly Roll strips, etc. is encouraged. Check out the Quilted Hugs Project Facebook group, Pinterest, and other websites for more ideas.

If you have Orphan blocks etc., and aren't certain if they will work, please send me photos and sizes to me by email – joanballew@cox.net. I will use EQ8 software to design a Hugs Shawl with your stash fabrics.

- For Closure Tab
  - 2 @ 3" x 8" of a coordinated fabric
  - 1" x 7" hook and loop tape
- Binding – 1/2 yard of a coordinated fabric to create 6 @ 2 ½" x WOF strips
- Backing – 2 ½ yards Polar Fleece (58 – 60" wide) This will be enough for 2 Hugs Shawls. NOTE – 1 ¼ yards will not be sufficient for 1 Hugs Shawl. You may wish to share your fleece with a friend or save it for a future Hugs Shawl.

Other Sizes:

If you know that the person, who will be receiving a Hugs Shawl, is outside the Small – XLarge range – you can refer to this chart for suggested size adjustments. 2 ½ yards of Fleece will be enough for 2 Hugs Shawl, even the 2XL size.

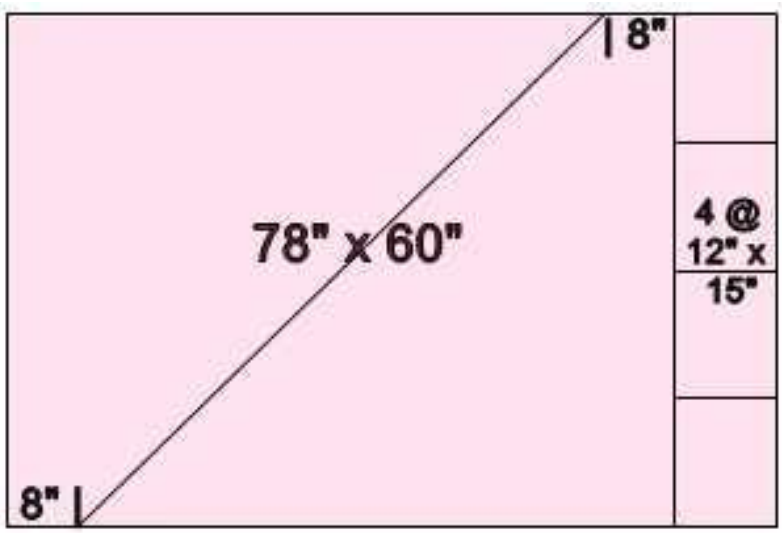


Construction:

- **Shawl Top**

1)Based on the layout you have chosen, piece the top using ¼" seam allowance. Press.
2)Trim to Basic Shape shown on page 2. Stay-stitch less than ¼" from the edges to prevent stretching and seams opening up.

- **Cutting Fleece**

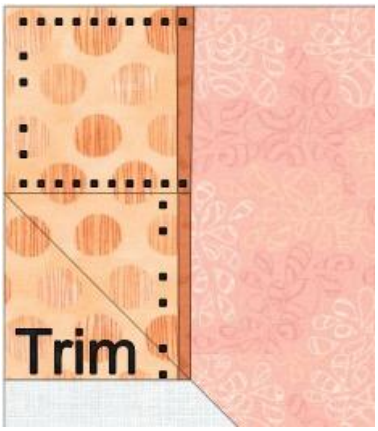


3)Cut 12" from one end of the Fleece. Sub-cut this 12" x 60" rectangle into 4 measuring 12" x 15" each. These rectangles will be used for Pockets.
4)Place a straight pin 8" from one corner and another pin 8" from the opposite corner of the remaining 78" x 60" rectangle. Cut diagonally from pin to pin to create 2 large blunted triangles.

- **Quilting**

5) Layer Hugs Shawl top and one of the Fleece Triangles. Pin thoroughly. There should be at least 2" of fleece extending beyond the Hugs Shawl top on all sides.
6)Using bobbin thread to match your fleece and top thread to compliment your quilt top, quilt top and fleece together. Start near the center and working out from there. Use whatever quilting techniques you prefer and feel comfortable with.
7)Trim Fleece to match top edges. Baste around the quilted top within ¼" seam allowance.

- **Pockets**



8)Bind one of the long sides of a Pocket rectangle.
9)Pin it to one of the 6 ½" 'points' of the basic shape, with bound edge 6 – 8" toward the main part of the Hugs Shawl.
10)Stitch around the unbound edges of the pocket (back-stitching at the top of the pocket) and along binding to the diagonal edge of the Hugs Shawl.
11)Trim excess pocket fabric along the diagonal edge of the Hugs Shawl. Repeat steps 9 – 12 for the other pocket.
12) Bind all sides of the Hugs Shawl as you would any quilt.

- **Closure**

13) Pin the 2 @ 3” x 8” pieces of fabric, right sides together.

14) Sew ¼” seam around all 4 sides, leaving 3 – 4” opening near the middle of one of the long sides. Trim corners and turn right side out. Press. Stitch 1/8” around all edges. This will close the open area.

← 15)Sew one side of the hook and loop tape to the Closure tab, reinforcing with backstitching at each end.

16) Stitch the other side of the hook and loop tape to the top side of the Hugs Shawl, just above the pocket and next to the binding. Again, → reinforce at each end.

17)Align the Closure Tab hook and loop tape with the Hugs Shawl hook and loop tape and pin the Closure Tab to the other side of the Hugs Shawl.

18) Stitch in place, back-stitching at top and bottom.

Ta Dah!!! Your Hugs Shawl is completed and ready to be given to someone who needs a hug.

Here is mine, made from donated orphan blocks and stash yardage.

You are welcome to share this pattern with others who would like to make Hugs Shawls for friends or to donate to Senior Care Facilities in your area. Please DO NOT sell this pattern or Hugs Shawls for profit. This is a Pay It Forward project.

Please email me - joanballew@cox.net - if you have questions or suggestions on how these instructions can be improved or would like to share photos of your completed Hugs Shawls.